

# About Videhya

Hi my name is Videhya,

I have worked in the field of holistic healing for over 20 years and currently work from my home practices in Balingup and Bunbury. I am a qualified therapist in counselling, Reiki & Theta healing, massage & facial treatments and have experience working at retreats in the surrounding areas.

When I began meditation and healing I found that I experienced changes that would go on to help me throughout my life. As a result, I have created a self-development package to share with others. This includes guided meditations, positive life affirmations, aromatherapy oil blends and written a self-help book entitled 'The alternative approach to healing'.

As I developed intuitively I began to trust my psychic ability and started to incorporate this into counselling and other healing work.

My aim is to find a way that can best serve your highest good. To this end, I can travel to your home or accommodation (local area) on request.

Warm Blessings

“Videhya”



# Prices

Swedish massage.....	60 mins.....	\$65
	90 mins.....	\$90
Deep tissue massage	30 mins.....	\$35
	75 mins.....	\$75
Hot Stone Therapy	90 mins.....	\$110
Mini facial	40 mins.....	\$40
Deluxe facial	60mins.....	\$60

Healing & reading	1.5 hrs.....	\$90
Reiki & Chakra Healing	60 mins.....	\$60

Healing & rejuvenation package 3hrs..... \$175

Travel to accommodation ..... \$20

Meditation classes & workshops

Cash & Card accepted - MasterCard , Visa & PayPal  
(\$3 surcharge with card)

Gift vouchers available



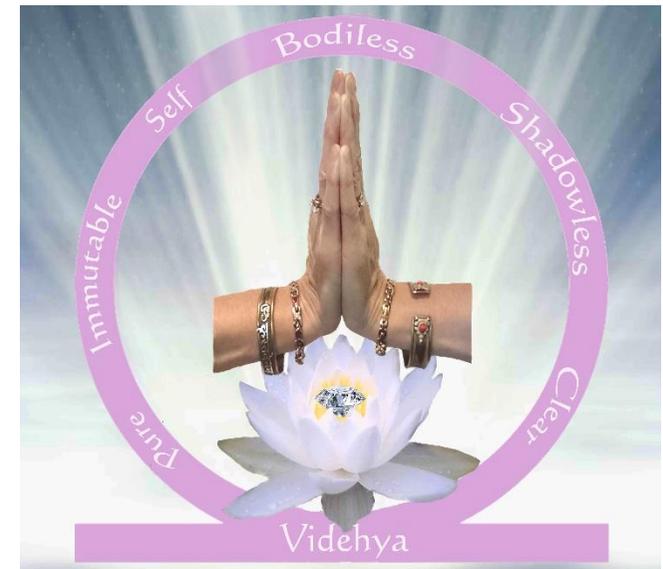
**International Institute  
for Complementary Therapists**  
Professional Membership and Insurance

# MASSAGE

Relaxation, Hot Stone Therapy  
Deep tissue

# FACIALS

# INTUITIVE HEALING READING



Monday – Sunday  
9am - 5pm

Videhya Klaassen  
040 929 3682

## Massage

### Do you have HEADACHES, STIFF neck or ACHING back muscles?

If you haven't had a massage or facial before, then you're in for a treat. Massage is a beautiful way to Relax. It relieves tension, stimulates nerves, helps with insomnia, can relieve headaches, improves lymphatic drainage, muscle tone, nourishes the skin and has a calming effect on the nervous system. You can customize your massage by choosing what areas you need worked on the most.

**Hot stones** can be used in combination with a therapeutic massage. If there are particular areas that need deeper work then a minimum of 75 minutes or 30 minute back, neck and shoulders is required. *Extra fee \$10*

**Hot Stone Therapy** has been around for thousands of years and are known for their healing properties. The basalt stones have the resonance of the Earth which is passed on to the client enabling them to feel relaxed and energised. The stones are a natural detox and enhances the immune system, respiratory and lymphatic system as well as relieves muscle tension.

## Healing & rejuvenation

Ideal for the person wanting a little 'Me time'. 3 hrs

- \*Consultation
- \*Healing....Reiki, chakra balance, Theta
- \*Guidance
- \*Swedish massage & mini Facial

**OR choose what suits your needs**

## Intuitive healing & readings

### Feeling tired?

Intuitive Healing is a combination of Reiki, chakra healing and sometimes Theta Belief work. Together it brings your whole being into balance so you feel whole, relaxed and energised. Healing helps in releasing deep emotional wounds and assists your own body to promote wellness. Readings can be included during a healing or after.

Healing also can:

- \* Release trauma and abuse.
- \* Enhance Wellbeing/motivation/memory.
- \* Assist in the healing of grief and loss.
- \* Release phobias and fears.

## Facials

Facials are a beautiful way to cleanse and replenish your skin. Facials stimulate nerves, improves lymphatic drainage, muscle tone and encourages cell regeneration. I use immaculate skin care which is hypo-allergenic and pH balanced. It has natural antioxidants, plant based ingredients, no animal content and is Alcohol and oil free with certified organic ingredients and free from sulphate, parabens, mineral oil and artificial fragrance.

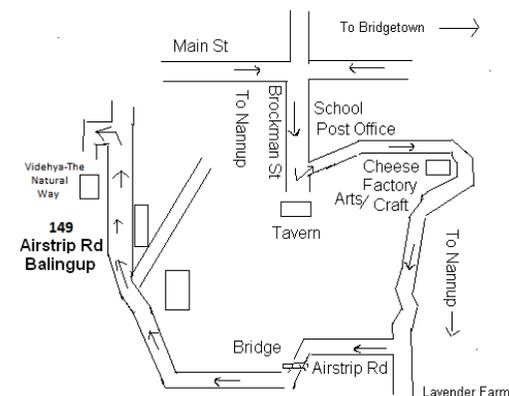
Mini facial: Cleanse, tone, steam, exfoliate, mask & head massage & moisturise.

Deluxe facial: Cleanse, tone, steam, exfoliate, hand massage, aromatherapy face massage, head massage, Mask, bioactive gel & moisturise

## Also available

- **Guided Meditations**  
CDs, Memory sticks or download
- **Aromatherapy oils**  
Oil, book & CD package, oil packages
- **Self-help book** - Soft cover or e-book
- **Wheat Bag Designs** - Neck & shoulder, back, mittens, socks, sinus, eye pillows, back pack with straps & knees.

Bunbury – Residential address  
Balingup 6253 – see map below



149 Airstrip Road, Balingup. WA 6253

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